

Diffusion on a Network (Part 1): Epidemics

When we talk about things spreading through a population, we call it *diffusion*



There are many different things that can diffuse over a social network...information





And lots of other things...



Today, we are going to talk about diseases...



Epidemiology: The study of the spread (and control) of disease

What epidemiologists want to know:

1. How is a given disease likely to spread in a given population, without any intervention?

2. What are the best methods to control the spread of the disease?

Oversimplifying (more than a little), how a disease spreads in a particular population depends on two things:

- 1. Characteristics of the disease (mutation rate, deadliness, transmission rate)
- 2. Characteristics of the network the disease spreads on (average degree, average distance, degree distribution)

What characteristics of the disease affect it's spread?

• How it is transmitted ______ transmitted, contact with bodily fluids

- It's life cycle _______ incubation period, when contagious vs symptomatic, survival rate outside of host
- Mutation Rate

how long does immunity last?

what fraction of hosts die or gain immunity, how quickly do hosts die or recover

airborn, sexually

Contrasting different viruses:

Airborn

Doesn't live long on surfaces

- Influenza: Host is contagious even when not symptomatic
 - Not particularly deadly
 - Hosts are mobile while infectious

Mutates quickly

Blood-born

- Infectiousness depends on type of exposure
- HIV: Host is contagious even when not symptomatic Used to be very fairly deadly, but not any more Very slow to mutate

Requires contact with bodily fluids

- Extremely infectious, given contact
- Ebola: Can live for a long time on surfaces

Extremely deadly

Host can remain contagious after recovery

Slow to mutate

Contrasting different viruses:

Influenza: airborne + host contagious without knowing it + not deadly
+ quick to mutate = frequent, widespread outbreaks,
difficult to control

HIV: host contagious without knowing it + depends on external factors (eg: awareness), possible to control

Ebola: direct contact + not contagious unless symptomatic + very deadly + slow to mutate = infrequent outbreaks, tend to be easily controlled, but crops up again and again

Suppose we are modeling the spread of flu on campus:

- To ignore the network, assume that every day you interact with a random group of people.
- Each day, you have the same probability of interacting with any other person in the university
- This is called "perfect mixing"

It is the basis of a classic model of disease spread: the *SI model*

People fall into one of two groups:



Population of *N* people

Initially, *I*₀ people are infected

The rest are susceptible to infection: $S_0 = (N-I_0)$



N = 20 $I_0 = 1$ $S_0 = 19$

In each time period, you encounter *c* other people at random

For each infected person you encounter, you become infected with probability *p*





With probability (1-p), you aren't infected, and remain susceptible

In the first period, the probability that you get infected = prob(meet an infected individual) * prob(they infect you)



number of people you meet

chance any one of them is infected

prob you catch the disease, given that you meet someone who is infected

So the total number of people infected after the first period is:





Now repeat...the chance you get infected in the second period is



chance any one of them is infected

number of people

you meet

prob you catch the disease, given that you meet someone who is infected

So the total number of people infected after the second period is:



And by extending the pattern, the number infected after t periods is $I_t = S_{t-1}c\left(\frac{I_{t-1}}{N}\right)p + I_{t-1}$ number already So if c = 3 and p = .66, then number of people infected susceptible after $I_3 \approx 14$ chance any one the last period of them is infected





The SIR model modifies the SI model: now there are three groups



People move from susceptible to infected to recovered, and sometimes back to susceptible

Now, people recover with probability *r*

People who recover are not susceptible to the disease, and they also can't infect anyone



In the SI model, there was only one possible outcome (everyone is infected).

Now there are several possible outcomes:

- 1) An epidemic (everyone becomes infected)
- 2) The disease dies out before infecting everyone



Whether the outbreak turns into an epidemic depends on the balance between the recovery rate (*r*) and the infection rate (*p*)





Characteristics of a disease that affect the probability of an epidemic:

- deadlier diseases kill people before the disease can spread
- low mutation rates mean that recovered people remain immune low transmission rates mean that you're less likely to get the disease from incidental contact



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Diseases: The role of the network

So now, what if people don't interact at random?









SIR Model on a Network



Now what if the infection spreads on a network?

Still have S, I, R groups

Every time period, you are exposed to your direct neighbors

Prob(infected if friend is infected) = p

Prob(recovery) = r

SIR Model on a Network



The probability of an epidemic still depends on the infection rate (p) and the recovery rate (r), but it also depends on network structure



Factor 1: average degree

A node has the potential to infect everyone she is connected to

→ A higher average degree means more chances for an infected person to expose others



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Factor 2: Average Distance

When people have contact with others in far-flung regions of the network, then disease can spread more widely.

→ Epidemics are more likely in a small world



Factor 2: Average Distance

You can formalize this by looking at a Watts-Strogatz network



A few long-distance connections make it much easier for the disease to spread, which lowers the critical level of infectiousness (r0). This increases the likelihood of an epidemic.

Factor 3: The size of the largest connected component



The disease can only spread to people who are connected to the original point of infection

→ disease will not spread as far when the network is broken into chunks

What affects structure?

The structure of social networks that affect the spread of disease depends on characteristics of the disease, and characteristics of the society the disease lives within:



The effects of network structure can be seen in the differences between the spread of disease in the middle ages and the spread of disease today.



The spread of the plague was certainly terrifying in it's time, but it's nothing compared to the pandemics of today's more connected world...

Although we haven't yet talked about the diffusion of *ideas,* you can also see the effects of network structure in the spread of viral content

Fads have existed forever. But they spread more quickly and more widely than they used to.

→ "Epidemics" of viral content have become "pandemics"







Controlling Diffusion

The relationship between network structure and diffusion suggests ways that we could prevent epidemics

- → change who interacts with who
- → change who is susceptible
- → change who is infected

Vaccinate a small number of people

→ Vaccinating the right people can prevent the spread of the disease with very few resources

→ Good people to vaccinate are hubs (health care workers) and bridges (bus drivers)





Vaccinate a large number of people

 \rightarrow Vaccinating enough people effectively reduces the size of the largest component to 0

 \rightarrow The fact that the network is broken up protects people who are unable to be vaccinated. This is called "herd immunity".



→ If the population is vaccinated for long enough, the disease won't have enough hosts and will die out (eg: small pox)

→ Subpopulations that fail to vaccinate may lose herd immunity and have outbreaks, which may infect people in other communities who can't be vaccinated



Quarantine

 \rightarrow Quarantines break up the network into much smaller chunks (eg: households)

 \rightarrow Limiting large gatherings (eg: baseball games) and travel restrictions can achieve the same thing.



Summary

Takeaways from today:

- Diffusion is how things like disease and information spread through a population
- A lot of our knowledge of diffusion comes from epidemiology—the SI model and the SIR model
- Diffusion on a network gives us some ideas of how to start to control the process

Next time:

 Information: fads, virality, network effects, strategy, and cascades